

Beneficiaries of workshop AMBER (Awareness on Menstruation, Body Education and Reproductive health).

At a Glance

- Medical Camps
- Club trip to Bali
- Seva Chakkara Children Home
- Fellowship
- Know your Rotarian



Key dates for March

- 2nd - RYLA
- 4th - Board Meeting
- 14th/15th/16th - District Conference
- 17th - GOV VISIT
- 27th - Speaker Meeting
- 6th/13th/20th/27th - Akshyam
- Medical Camps - TBA



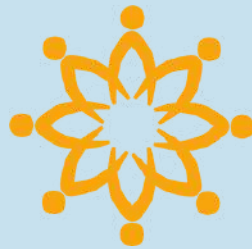
Chartered on 10th June, 1998.
Charter number: 51278



Rtn Shalin Shah
President



Rtn Sanjey Ahuja
Secretary



Community Service: Medical

Director: Rtn. Satish Kandimalla

Medical Camp

Kodungaiyur

9th February



Total Count - 67

Detected the following:

Diabetic - 18

Hypertension - 22

Hepatitis B - Nil

Hepatitis C - Nil



Medical Camp

Hindu College, Pattabhiram Chennai
13th February



Total Count- 176

Detected the following:

Diabetic - 0

Hypertension - 1

Hepatitis B - Nil

Hepatitis C - Nil



Medical Camp

St. Anthony Church, Vyasarpadi
21st February



Total Count - 119

Detected the following:

Diabetic - 18

Hypertension - 4

Hepatitis B - 2

Hepatitis C - Nil



From July to February, we have conducted 40 camps, and screened 3390 patients.

Ongoing Projects :

We're glad to note that the equipment donated by RCCT is being put to good use as new mothers come together to donate breast milk at the Institute of Child Health ICH.

Our Retteri Center

We have aided 4267 Dialyses from July 2024 to February 2025, benefiting 53 patients.



Fundraising for the year

Help these children stand tall



Support our Scoliosis Surgery Project

Rtn Shalin Shah
President

Rtn Sanjay S Ahuja
Secretary

Rtn Anand Krishnan
Fund Raising Chair

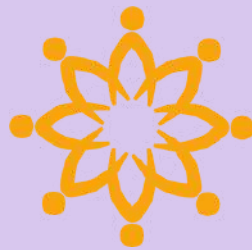


Scan the QR code to join hands with us, so we can make a difference in their lives.

All donations are eligible for deductions under Sec 80G of the Income Tax act.



RCCT's Scoliosis project was announced on 10th February to help the children with spine deformity.



Community Service: Non Medical

Director: Rtn. Rukmani

Akshayam

Weekly distribution of food packets



February 6th, 13th, 20th, 27th

Our weekly distribution of food packets at Adyar Cancer Institute to the attendants of patients and beneficiaries were carried out successfully by members who volunteered with full enthusiasm. The weekly number of food packets has increased from 100 to 150.

AMBER

Awareness on Menstruation, Body Education and Reproductive health
February 16th



A workshop on healthy and hygienic menstruation for homeless and adolescent girls, was conducted by the Community Service team. This is an initiative by Ann Dr Lavanya, spouse of Rtn Satish Reddy. The team from RCCT spoke to girls in groups of five, educating them about the reproductive system and creating awareness about health issues.



Aaroghyam

18th February



This is a project where we distribute healthy snacks to government school students to enhance their diet at Government Higher Secondary School AshokNagar.

The Community Service team successfully completed one full academic year of supporting special nourishment snacks for class 10 and 12 students attending evening special classes.



Literacy

World Literacy Day



An essential feature of Literacy avenue in Rotary, is to create awareness among students to foster global citizenship for the future. We conduct essay writing or arts competitions to celebrate World Literacy Day every year.

Since the Rotary year 2018 -19, the Literacy Avenue of RCCT has been conducting essay writing competitions at Kumararani Meena Muthiah Matriculation school, based on the theme given by UNESCO and Rotary International. We distributed participation certificates to 80 students and books to prize winners.

Additionally, this year we also conducted an essay writing competition at Vidya Mandir Senior secondary School Mylapore, and distributed prizes and certificates to students.

Book Donation



More than three thousand books collected by members were donated to National Vidyalaya Senior Secondary School, Kanchi Jagadguru Educational Trust, a CBSE school at Kumbakonam.



Club Service

Director: Rtn Anandhakrishnan

Club trip to Bali

January 29th -3rd February



58 RCCTians invaded the island country of Bali in the name of the annual club trip. True to RCCT tradition, the bohemia started right from Chennai Airport, with group photos, jokes and our trademark cheerful banter. The same enthusiasm continued boundlessly till we returned from Denpasar, back to the same Chennai Airport..

We had four absolutely memorable days of bonding with sight-seeing, shopping, day-trips and clubbing. The amazing views, sceneries and the travel experiences were simply breathtaking.

The trip, like all our club trips over the years, brought us all together and reinstated our special feeling of belonging to the RCCT tribe.



Fellowship

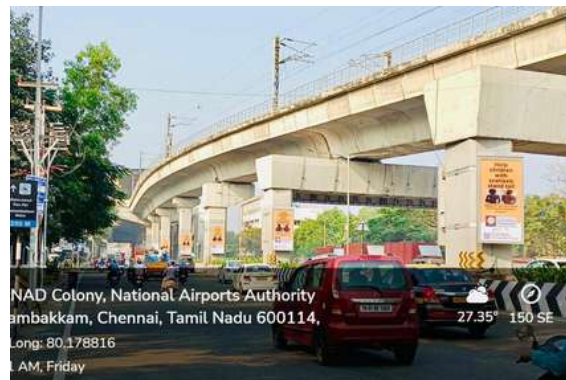
Fling-Pan Asian Affair at GN Chetty road
22nd February



Hosted by Rtms. Eashwar Prasad, Satish Reddy, Srikumar, Venkatesh, Vignesh and their families, the February fellowship was a fabulous evening with foot tapping music, great food and camaraderie .



RCCT in the News



Hoardings announcing this year's fundraiser were put up on the CMRL pillars along the premium stretches of the city. We're hoping to spread awareness about our Scoliosis Project to a larger audience through this exercise.

Thank you Rtn Anandhakrishnan and the fundraising team!



Rotary events around the world

‘Peace building starts with individuals who take the first step towards resolving conflict, building trust and fostering understanding.’ R.I President Rtn Stephanie Urchick.

PDG and Past chair of the Governor's council of Rotary News Trust, Rtn Swati Herkal from Rotary Club of Wai in Maharashtra is one of the recipients of Rotary People of Action recognized by R.I.

She has supported farmers through regenerative agricultural practices involving youth and women that increased crop yields and soil fertility .

Rotary clubs in South Africa implemented peace education programs for youth, focusing on conflict resolution, reconciliation and community development.



Achievements



Ann Reena Shah, the First Lady of RCCT, was the convener of the National Women's Conclave hosted by JITO - Jain International Trade Organization, to a huge gathering of 500 plus participants from all over the country.

This was held on the 14th and 15th February at Leela Palace Chennai.



Rtn Sapna Dinesh was part of the winning team in the International Fellowship Throwball Tournament on 22nd February, organized by Rotary District 3233 and 3234.



Achievements



Annet Gokul, son of Rtn Karthikeyan and Ann Geetha, came first in the 10 meter Air Pistol National Championship – a club competition held at Chennai Rifle Club Egmore held between 30th January and 2nd February .

February 15th Gold Medal was awarded to Annet Aarave Ahuja, student of Loyola College for B. Com He's the son of Secretary Rtn Sanjey Ahuja and Ann Ektha

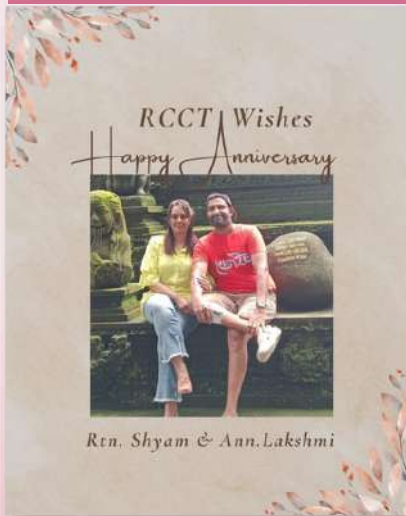


Annet Siddarth, son of Secretary Rtn Sanjey Ahuja and Ann Ektha Ahuja took 6 wickets in a I Division match.

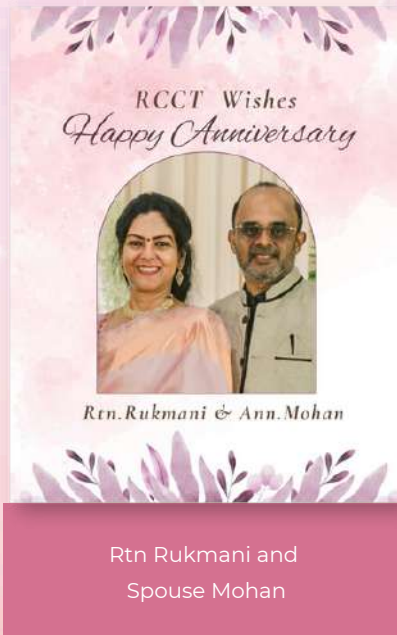
Wedding Anniversaries

RCCT extends warm wedding anniversary wishes to the lovely couples celebrating their special day in February..
Congratulations!

Rtn Shyam and
Ann Lakshmi

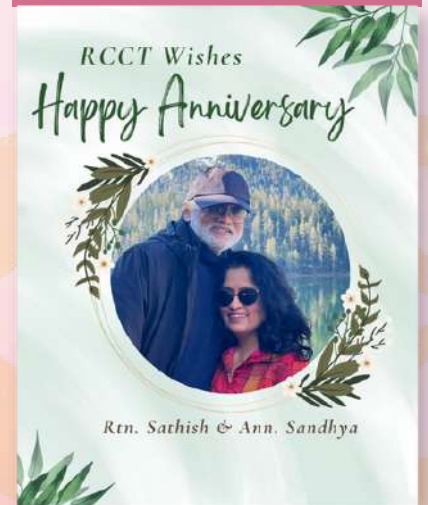


RCCT Wishes
Happy Anniversary



Rtn Rukmani and
Spouse Mohan

Rtn Satish Kandimalla
and Ann. Sandhya



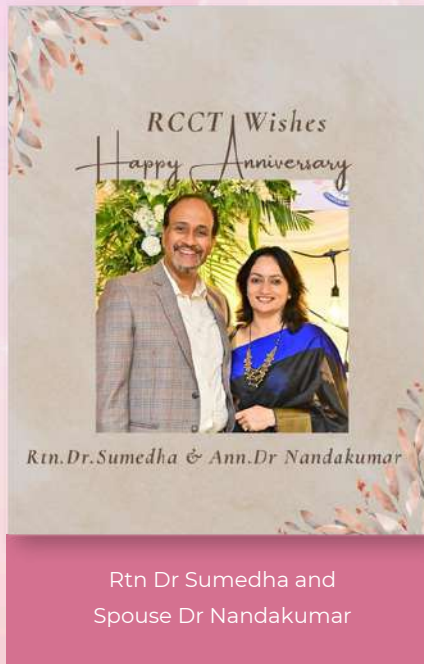
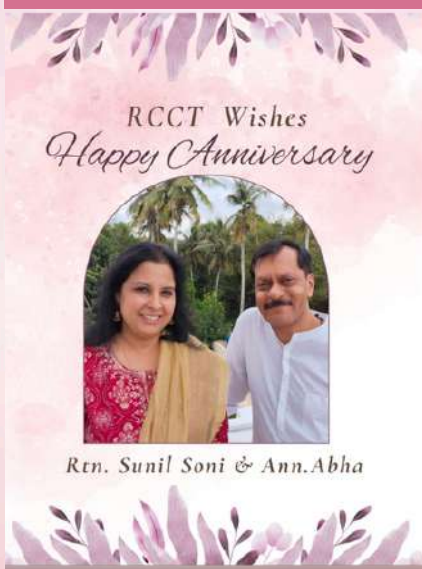
Rtn Manoj and
Ann Alpana

Rtn Binoy and
Ann Sangeetha



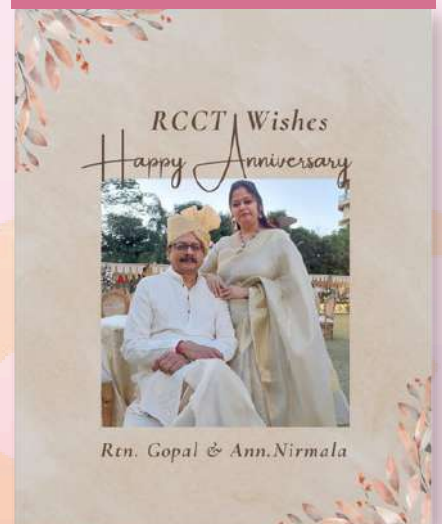
Wedding Anniversaries

Rtn Sunil Soni and
Ann Abha

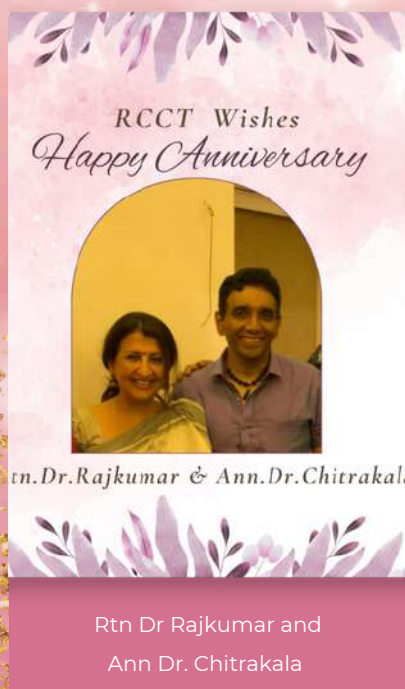


Rtn Dr Sumedha and
Spouse Dr Nandakumar

Rtn Gopal and
Ann Nirmala



Rtn. Gopal & Ann. Nirmala



Rtn Dr Rajkumar and
Ann Dr. Chitrakala



Rtn Sriram and
Ann Shobha .

Rtn. Sriram & Ann. Shoba

KNOW YOUR ROTARIAN



Rtn Karthikeyan



Name: Karthikeyan M

I am also called : Thalivar's Live
Hard Fan

My family: Geetha , Gokul, Nethra
- my life lines!

My birthday: 16th January. Mark
your calendars.

My profession: Wealth
Management and Business Loans
- Turning Dreams into Reality.

My strength: Being Systematic
and Meticulous- Precision is my
Play!

My weakness: Chasing Perfection-
Sigh...

My Asset: My Family - Priceless

Most memorable moment in my
life: Holding Gokul in my arms -
Love at First touch

Pastime I enjoy most: Movie ,
Marathons and Long drives -
Popcorns as Fuels Please

My interests: Sports, Pistol
Shooting, Rowing and Wildlife.
Thrill, Skill and the Wild

My motto: Healthy and Happy life
with family and friends- The
Ultimate Jackpot

My goal: Making a positive impact
in peoples' lives. Still loading.

Bulletin Team:

President: Shalin Shah | Secretary: Sanjey Ahuja

Editor: Rtn Padmaja Venketram | Co – editor: Ann Anuradha Prasad